Collaborating with the Harm Reduction Services Team

A First Nations Telehealth Presentation with the HRST July 22, 2019



Services

"People who use drugs are not expendable – they are human beings who come from families who love them. They are someone's son, daughter, brother, sister, or parent." (BC Ministry of Health, 2005)

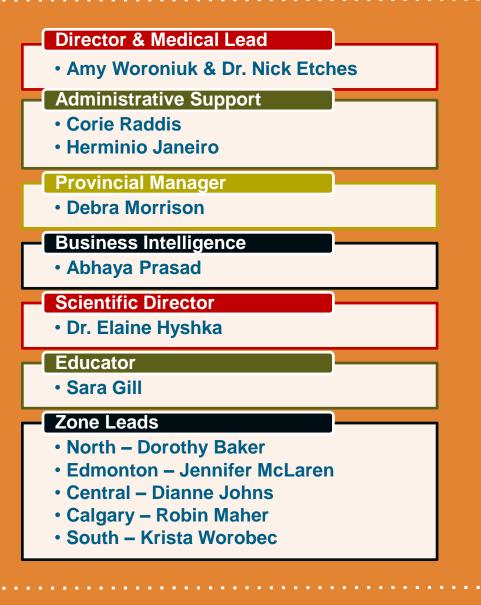
Learning Outcomes

- Know who your HRST zone lead is
- Define harm reduction
- Explain the CBN program and how to join
- Find out about resources



The Harm Reduction Services Team





Harm Reduction Programs & Practice

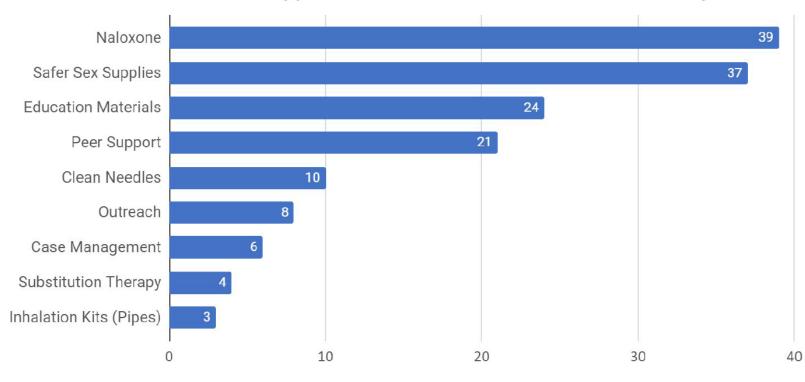


Harm reduction is...

A range of policies, programs, and practices that aim to promote safety and reduce adverse health, social or economic consequences associated with an activity or behaviour through enhancing knowledge, skills, resources, and support for individuals, their families, and communities

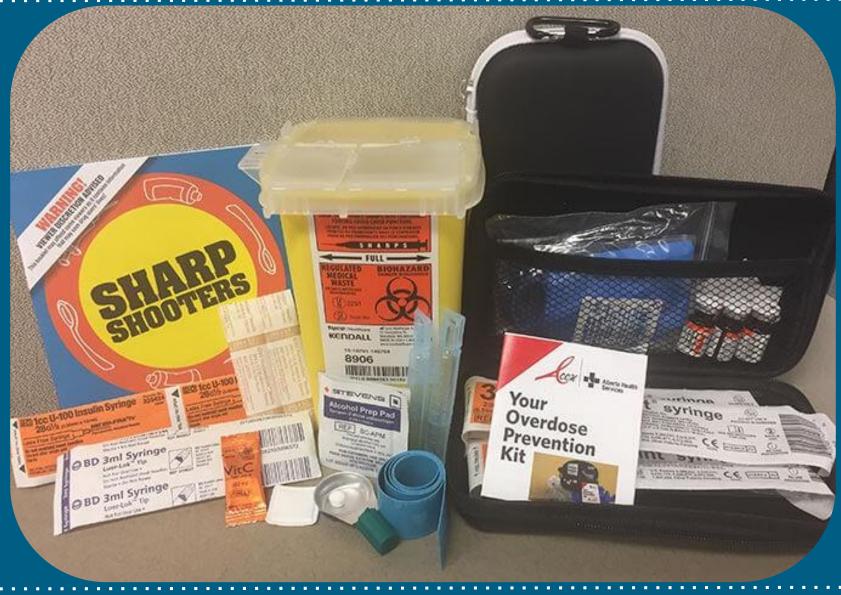
Adapted from AHS Harm Reduction for Psychoactive Substance Use Policy

Harm Reduction Supplies and Services



Harm Reduction Supplies and Services Available in Community

Harm Reduction Supplies



http://www.nurses.ab.ca/content/carna/home/about/what-is-carna/news/10-09-2017.html

Harm Reduction Suppliers in Your Zone

- North: Northreach (previously HIV North) in Grande Prairie and Ft.
 McMurray, HIV West Yellowhead, Streetworks (communities around Edmonton)
- **Edmonton**: Streetworks & satellite sites
- **<u>Central</u>**: Turning Point & satellite sites (e.g. Samson Cree Nation)
- Calgary: Safeworks & satellite sites (e.g. Stoney Health Services), HIV Community Link (Strong Voices program), Tsuu T'ina Health Centre
- <u>South</u>: ARCHES (Lethbridge), HIV Community Link (Medicine Hat & Brooks)

Resources on our websites

- ahs.ca/naloxone
- ahs.ca/harmreduction
- Support & consultation
- Data
- Examples
- Connections

Naloxone Kits



Legislative Changes

2016

- Naloxone is rescheduled to a Schedule 2 drug
 2017
- Naloxone is unscheduled for emergency use
- Ministerial Order (MO) to authorize Police, Peace Officers, Fire Fighters to administer injectable naloxone as part of their work role

2018

- Directives for <u>Emergency/Urgent Care & Community</u>
- Expansion of Naloxone Kits in Acute Care

Injectable or Nasal Naloxone?

- Both have the same drug so they work the same once in the body
- Both are effective in reversing overdoses or poisonings
- Injectable is free for public through CBN; nasal is free to those eligible for NIHB coverage
- In a work setting, IM injections are a restricted activity but nasal spray is unrestricted
- Injectable is more affordable than nasal spray

And now the good news...

For the second quarter in a row, Alberta Health has recorded a decline in opioid deaths. (Except the NZ – the numbers increased.)

questions comments

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